OUR P.S.H.E. CURRICULUM

LEARNING JOURNEY

CUBITT TOWN PRIMARY EST 2022 Together we strive

YEAR 7

- BEING A GLOBAL CITIZEN
- UNDERSTANDING HOW OUR BEHAVIOUR AFFECTS OTHERS
- PERSONAL SPACE/CONSENT
- RESPECTING DIFFERENCES
- HELPING OTHERS
- LOVE AND LOSS
- HEALTHY RELATIONSHIPS
- MENTAL AND PHYSICAL WELLBEING
- RESILIENCE
- HEALTHY LIFESTYLES
- TRANSITION INTO SECONDARY
- PUBERTY

YEAR 6

- PERSONAL HYGIENE AND PUBERTY
- ONLINE SAFETY
- BEING A GOOD FRIEND
- JOBS AND CAREERS
- STEREOTYPING AND PREJUDICE
- BODY IMAGE AND PEER PRESSURE
- KEEPING SAFE IN THE COMMUNITY
- RIGHTS AND RESPONSIBILITIES

YEAR 5

- FACING CHALLENGES
- BEING A GOOD FRIEND
- DIFFERENT FAMILIES
- FAMILY CONFLICTS
- DREAMS AND GOALS
- BEING A GLOBAL CITIZEN POSITIVE RELATIONSHIPS
- EMOTIONAL CHANGES
- STEREOTYPES
- RESILIENCE WHEN FACING CHALLENGES
- ACCEPTING SELF AND UNDERSTANDING INFLUENCE
- CELEBRATING DIFFERENCE - WHAT MAKES ME ME
- ONLINE SAFETY/ RELATIONSHIPS
- BEING RESPONSIBLE - SMOKING

YEAR 4